

## SALADS

Available with chicken or portobella 3.49 / steak 3.99 / salmon, tuna, or shrimp 5.99 - also available blackened.

caesar	brown-butter croutons, gala apples, shaved parmesan, house-made caesar dressing, black olives on request • GF = no croutons • small 8.49 regular 10.49
mocambo salad	fresh pears OR gala apples OR grilled pears, dried cherries, gorgonzola, candied walnuts, raspberry OR honey balsamic vinaigrette • small 8.49, regular 10.49
soy-glazed salmon	red cabbage, soy caramelized peanuts, orange-basil dressing, scallions, carrots • 13.99
tuna ponzu	seared tuna, greens, citrus-soy dressing, quick pickled carrots-n-cucumbers, toasted almonds, cilantro • 13.99 <i>FitME-approved: 452 calories / 24g fat / 3.2g sat fat / 430mg sodium / 22.4g carbs / 5g fiber / 3.6g sugar / 33.5g protein</i>
low country	mandarin oranges, almonds, dried cranberries, honey poppyseed dressing • small 8.49, regular 10.49
hummus platter	choice of garlic OR pesto OR curry hummus, grilled pita, olive oil, pickled & fresh veggies • 9.99 • GF=extra veggies, no pita
soup and salad	low country, caesar, house or mocambo salad with bread, plus today's featured soup • match your soup-size to your appetite! • 8.99 bowl • 7.99 cup

## HAND-HELDS

Includes potato wedges OR soup. ADD SALAD for \$2.99 or SUBSTITUTE A SALAD for your wedges/soup for \$1.99. Choice of: low country, mocambo, caesar, or house. Burgers are 8.5 ounce, hand-pattied beef from Eickman's in Seward, Illinois.

fungus	grilled portobella, goat cheese, pesto mayo, grilled ciabatta • 9.49
chicken banh-mi	sriracha spiced chicken, cilantro, pickled carrots, cucumbers, soy aioli, radish, baguette • 12.49
ricky ricardo	pulled pork, pepperjack, ciabatta, caramelized onions, house-made pickles • 10.99
hawaii 5-0 burrito	grilled pineapple, pulled pork, pepperjack, mozzarella, chili mayo, sweet chili sauce, jasmine rice, chips-n-mango salsa • 11.99 • GF=order as BOWL (no tortilla)
father knows best	smoked turkey, swiss, grilled sourdough, garlic mayo, grain mustard • 9.99
garcia grilled cheese	swiss, mozzarella, butterkäse, white cheddar, grilled sourdough • 8.99 • first extra ingredient FREE, additional items 99¢ each: pepperjack, mushrooms, tomatoes, bacon, or asparagus
brie grilled cheese	brie, butterkäse, mozzarella, cherry compote, pears, eickman's bacon, balsamic reduction, butter-toasted country bread • 10.49
pork grilled cheese	pulled pork, pickled red onions, ale house cheddar, honey mustard, butter-toasted sourdough • 11.99
turkey bacon wrap	spinach tortilla, shaved turkey, bacon, roasted red peppers, swiss, tomatoes, baby greens, pesto mayo • 9.99
flying V wrap	honey wheat tortilla, hummus, roasted vegetables, mixed greens • 9.49 <i>FitME-approved: 378 calories / 8.5g fat / 1.5g sat fat / sodium 1136 / 65g carbs / 10g fiber / 4 g sugar / 9.8g protein</i>
chicken wrap	flour tortilla, red cabbage, local carrots, soy-glazed peanuts, scallions, sesame-lemon vinaigrette • 9.99
blue note burger	garlic mayo, blue cheese, garlic chips, dijon mustard • 11.99
budokan burger	sautéed red onions, pineapple, ginger garlic, sweet teriyaki glaze, white cheddar, soy-sriracha mayo • 11.99 • specify: mild / medium / hot
atomic burger	pepperjack, jalapeño relish, chili mayo, cajun seasoning, kaiser roll • 10.99
octane burger	pan-seared with lettuce, tomato, onions, pickles, grain mustard, garlic mayo, pesto mayo • choice of cheese: butterkäse, white cheddar, swiss, brie • add bacon 2.39 • 10.99

## QUESADILLAS & TACO TRIOS

Add bacon 2.39, chicken 3.49, or steak 3.99 • Tacos are GF with corn tortillas

southwestern	roasted corn & black beans, mozzarella, chili garlic mayo • 8.99
the mayberry	roasted pears & apples, white cheddar, mozzarella, brie, walnuts, cherry compote • 9.99
ridgerunner	sweet espresso BBQ sauce, pulled chicken, mozzarella, caramelized onions, chili garlic mayo • 10.99
ginger pig tacos	ginger-garlic pork, pickled red cabbage, chimichurri sauce, butterkäse & mozzarella, saffron aioli • 11.49
jerk chicken tacos	red peppers, red onions, pineapple, scallions, white cheddar, mango salsa • 10.99
fried chicken tacos	octane sauce, lettuce, ale house cheddar, pickled carrots • 12.99

## PASTAS & BOWLS

ADD soup or any one of our 4 signature side salads: House, Low Country, Caesar, or Mocambo

twisted mac-n-cheese	breaded parmesan topping, cavatappi pasta, from-scratch cheese sauce, sun-dried tomatoes, sautéed chicken • half order 8.99 • full order 12.99 • add bacon 2.39, add steak 3.99
thai noodles	ginger-coconut teriyaki sauce, pea pods, carrots, broccoli, fettuccini, peanuts, scallions • 9.99 • add tofu, portobella, or chicken: 3.49, or shrimp 5.99 • specify: mild / medium / hot
shrimp pompano	gulf shrimp, sautéed garlic & butter, white wine, shaved parmesan, cracked black pepper, fresh parsley • 13.99 • shrimp also available blackened
curry salmon	red curry, pan-fried wild salmon, garlic-ginger-scallion-jasmine rice with coconut milk, asparagus, carrots • 14.99 <i>FitME-approved: 662 calories / 35.9 g fat / 577 mg sodium / 54g carb / 2.7g fiber / 4.3 g sugar / 31g protein / GF=tamari for soy</i>



### Award-Winning

Being voted Rockford's MOST UNIQUE MENU in 2014 and 2015 reminds us that our Customers - YOU! - are a key reason that we joyously create at Octane. We humbly thank our staff, our local farmers, & our customers for the recognition as we enter our 19th year of business.



**Thirsty?** Whet your whistle with Pepsi products, an almond cream soda, iced tea, strawberry lemonade, wine, a craft beer, or coffee drinks made from Octane's award-winning coffee roast. Ask your server for a menu with featured drinks.

**And do save room for desert . . .**



**Thank You** for choosing Octane today! We realize you have many dining choices, and we appreciate your business!

**LIKE** Octane InterLounge on **FB** to receive our Daily Features!